

Shawn Wolf

My name is Shawn Wolf, and I was born with Fetal Alcohol Syndrome. I do know what it is like to be “different” and “weird”. I have been able to see what my life has in store for me. People told me that I would never be able to graduate high school and now I have a diploma on a wall in my house!

As I am different from other people, I am also a lot better with disabled children. I have spent my life trying to help other people and help them cope with their problems. In that, it helps me understand that my problems are not as severe as the people I am trying to help. I love working with kids and that is where I feel the real me can come out.



People don't realize that disabled children/adults are two in the same. We share the same problems then as we do now. People have a hard time realizing that we are people before we are disabled people. We too have a life to live.

When I was growing up, I was told that I would not make it through life and that I would be a “nothing” or a “no one”. That I would never have a good job and that I would never have a family. But those things are a choice to have or not to have. I choose to live my life the way I want to and to the best of my ability.

I do know what it is like to be “different”, but I am me. I will stay being me. Foremost, I am going to stay being me. I love the fact that I can live my life the way I want to live it. Be yourself! Don't ever let anyone say that you can't because of a disability.